



Gift of Fitness

PERSONAL TRAINING

Online Gift Certificate
Birthday Month Special!

- Certified Personal Trainer
- Licensed Massage Therapist
- Cranio-Sacral Therapy: Upledger Institute
- Masters of Science: Exercise Physiology
- ACE certified Personal Trainer
- AFAA group exercise instructor

Happy Birthday!!!
\$5 off half hour massage
or \$10 off hour massage during
your birthday month.

* Coupon valid once per customer per year
Coupon must be presented at time of massage to receive discount



Gift of Touch

PERSONAL TRAINING